

Stinson Lake 5K Run/Walk Registration Form

To Register for the Stinson Lake 5K Run/Walk:

1. Fill out this form completely.
2. Sign and date the waiver at the bottom of this form.
3. Pay the Registration amount of \$25.00 cash or check. Checks are made payable to The Stinson Lake Association
4. Fill out a separate form for each runner or walker.

NAME: _____ **AGE:** _____ **SEX:** _____

PHONE: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

EMAIL: _____

WAIVER: In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Event Director, Stinson Lake Association, and all of their agents assisting with the event, sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

Signature

Date

Signature (Parent's Signature If under 18)

Date